



APPROACHES

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Thresholds: Skype supervision and the liminal within a 'journey of two' — Maria Radoje & Sally Pestell

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[First View](#) – Report (published on 28 February 2020)

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ABSTRACT

In this report a trainee music therapy supervisor and a newly qualified supervisee explore their different perspectives of music therapy supervision within the context of what Amir (2001a) describes as a 'journey'. It is written as a series of reflections, aimed at stimulating discussion and awareness about liminal and intuitive processes through the writers' experiences of working in a virtual, dreaming space. Through examination of clinical material, transference and counter-transference processes, and acknowledgement of the symbolic, the writers detail how this liminality impacted the supervisory relationship, the clinical work, and the relationship to the training institution. The authors conclude with thoughts on how this enhanced their practice.

KEYWORDS

Skype, supervision, dementia, music therapy, Guided Imagery and Music

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Maria Radoje has over 20 years' experience as a music therapist, predominantly with adults with learning disabilities, and older adults with dementia and mental health issues. Maria is Clinical Lead for Music Therapy at One Trust, a charity that works with adults with learning disabilities, and is part of the older adult's arts psychotherapies service at CNWL NHS Foundation Trust. She is also module lead for Music Therapy at the Academy of Contemporary Music. Maria has published case studies with the British Journal of Music Therapy and Jessica Kingsley Publishers, and is an Advanced Level III GIM trainee with primary trainer Leslie Bunt. [mariaradoje@gmail.com]

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